FUNCTIONAL ASSESSMENT

NHPCO Standard(s):

BOD Approval/Review
03/26/14

Regulatory Citation(s): COPs 418.54, 10 NYCRR 793.3

POLICY

High Peaks Hospice (HPH) will perform a comprehensive functional assessment (CFA) on patients who may benefit from such services. The functional assessments will be performed under physician’s orders by qualified professionals as appropriate to patient’s deficits and needs in the areas of physical therapy, speech therapy, and/or occupational therapy.

Specific patient indicators for a CFA referral:
- Patients who are not actively dying, who desire to participate in functional services therapy, and who have:
  1. A history of pathological fractures
  2. A history of reoccurring falls
  3. Other complicating medical conditions such as neuromuscular diseases and neurovascular diseases
  4. An impaired ability to perform activities of daily living
  5. Dysphagia
  6. Impaired communication

PROCEDURE

1. The HPH registered nurse (RN) case manager will initiate a CFA referral to the appropriate professional therapist and review the relevant patient indicator(s).

2. The appropriate therapist will:
   A. Complete a CFA
   B. Collaborate with the HPH Interdisciplinary Team (IDT) members to define the goals and interventions for the patient
   C. Coordinate the functional care plan with the total patient care plan with appropriate documentation
   D. Provide patients/families with information/instruction relating to specific functional needs.
   E. Submit progress notes after each visit.
   F. Participate in the team conference as appropriate.

LAST REVIEW DATE: BOD 03/26/14
LAST UPDATED: Comp Coord 04/20/15, 09/01/18
BOARD APPROVAL: March 26, 2014